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## Assessment of aflatoxigenic *Aspergillus* species in food commodities from local market of Addis Ababa

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### Abstract

**Background:** Contamination of food commodities with spoilage fungi presents a problem of global concern, since the growth and metabolism of these organisms can cause serious food-borne illnesses and a rapid spoilage of food products. *Aspergillus* species, a type of opportunistic fungi linked to food spoilage is the leading cause of infection, mycotoxicosis and economic loss. Mycotoxins that produce are responsible for cancers and many diseases affecting the gastrointestinal, urogenital, vascular, kidney, and nervous systems. Within the African region, aflatoxin is a threat to public health. In parts of sub-Saharan Africa about 250,000-hepatocarcinoma-related deaths occur annually due to aflatoxin ingestion alone. Because the impact is so devastating, there should be continuous assessment mechanisms to monitor the occurrence of aflatoxigenic strains of *Aspergillus* species in food commodities. **Objective:** To assess the occurrence of aflatoxigenic *Aspergillus* species in food commodities collected from Addis Ababa. **Method:** The isolation of aflatoxin producing species of *Aspergillus* from food commodities sold in Addis Ababa market was investigated. A total of 108 food samples were bought from markets within Addis Ababa. All samples were separately analyzed for the presence of aflatoxigenic *Aspergillus* species. The isolation of these species was carried out using dilution plating and/or direct plating methods. Morphological and culture characters, along with secondary metabolite profiles derived from thin-layer chromatography, were used to sort and identify *Aspergillus* species cultured on potato dextrose and sabaroud dextrose agar along with their aflatoxin-producing potentials on SMKY medium. **Result:** A total of 90 *Aspergillus* species (*A. flavus*, *A. parasiticus*, *A. niger* and *A. fumigatus*) were isolated from 108 samples of food commodities. The least number (5 isolates of *Aspergillus* species isolates were counted from the sample cookies while the highest (19 isolates) were counted from both the peanut and emmer wheat flour samples. From 33 *Aspergillus flavus* isolates 9 isolates (27.3%) were isolated from the peanut sample, while the fewest were isolated from the pea flour and cookies sample (n=3 (9.1%)). Six out of eighteen samples of peanut, emmer wheat flour, maize, and roasted barley were contaminated with *Aspergillus niger*, accounting (22.2%). A total of 21 (23.3%) isolates of *Aspergillus* species produced aflatoxin in vitro in SMKY broth culture out of 90 different *Aspergillus* species isolated from food commodities. Among the aflatoxigenic species isolated, *Aspergillus flavus* were responsible for the majority of cases (66.67%) followed by *Aspergillus parasiticus* (33.33%). None of the *Aspergillus fumigatus* isolates were found to produce aflatoxin in vitro on SMKY broth medium. Within species, 36.36% of *Aspergillus flavus* isolates were found to produce aflatoxin in vitro, while 18% of *Aspergillus parasiticus* isolates produced aflatoxin in vitro on culture media. **Conclusion:** Our study conducted to evaluate the presence of toxigenic strains of *Aspergillus* species in food commodities in Addis Ababa, has indicated the presence of these strains. Further studies should be done to quantify the level of aflatoxin in food commodities and also to evaluate the presence of potential mycotoxigenic fungi other than *Aspergillus* species in commercial food commodities.

### Introduction

Despite the advancement of medicine, food science, and the technology of food production, diseases caused by food-borne fungal pathogens have continued to present a major problem of public health [1] and agricultural production [2]. Among fungi, *Aspergillus* species have the potential to contaminate food items by producing hydrolytic enzymes. Various mycotoxins have been reported in *Aspergillus*-contaminated food commodities [3]. Consumption of such contaminated food leads to a serious cases of illness and mycotoxicoses [3]. Among these, aflatoxicoseis have received significant public attention because of their acute and chronic toxicological effect [1]. In acute doses aflatoxin causes hemorrhage, acute liver damage, edema, and death, while in chronic exposure it

causes induction of cancer, mutagenicity, immune suppression, birth defects, and estrogenic, gastrointestinal, urogenital, vascular, kidney, and nervous system disorders [2] [4]. Within African regions aflatoxins are at major public health threat [1]. In parts of sub-Saharan Africa about 250,000-hepatocarcinoma-related deaths occur annually due to aflatoxin ingestion alone [5].

The genus *Aspergillus*, which includes about 350 species, is important in public health as human pathogens and as toxin-producing food contaminants. They produce and release millions of spores small enough to be found in air, water, soil, plant debris, rotten vegetation, manure, sawdust waste, bagasse waste and animal feed, and on animals and in indoor air environments [6]. As *Aspergillus* spores swell with water and grow, they elongate, forming hyphae which secrete digestive enzyme and mycotoxins. *Aspergillus* spores can survive harsh environmental conditions, such as extreme dry conditions, that do not support normal mold growth [7] [8] [9] [10].

Among the genus of *Aspergillus*, only a few well-known species are recognized as important pathogens of humans or domestic animals. Of these, over 95% of all infections are caused by *Aspergillus fumigatus*, *Aspergillus flavus*, and *Aspergillus niger* [6]. Some other species of clinical importance include *A. nidulans*, *A. terreus*, *A. oryzae*, *A. ustus* and *A. versicolor* [11] [12].

*Aspergillus* species is one kind of fungi that is linked to infection, mycotoxicosis, and food spoilage. These fungi are a common contaminant of indoor and outdoor environments and they can be major threat to human worldwide. While we are frequently exposed to airborne spores of *Aspergillus*, in immunocompetent people they rarely lead to disease. However, in a study of immunocompromised individuals *Aspergillus* species were frequently recovered [13]. *Aspergillus* causes animal disease in three major ways: through localized or systemic infections; through induction of allergenic responses; and through the production of mycotoxins. Aspergillosis can cause a wide range of clinical manifestations, including allergic aspergillosis, colonization of cavities with or without the formation of a fungus ball (mainly in the lungs, paranasal sinuses, bronchiectasis), acute to chronic necrotizing invasive forms, ocular infections (keratitis), endocarditis, osteomyelitis, and skin infections [14]. Invasive aspergillosis in critically ill patients is associated with high in-hospital mortality rates ranges between 50% [15] and 75.7% [16].

From the time when primitive man began to cultivate crops and store food; spoilage fungi (*Aspergillus* and *Penicillium*) caused problems [17]. The genus *Aspergillus* is an important genus in foods, causing more spoilage and biodeterioration than other fungi [17]. Even today in the era of significant technological advancements in the food industries, *Aspergillus* food spoilage is a major problem of food in storage [18]. Almost all kinds of food including cereals, meat, milk, fruit, vegetables, nuts, fats, and products made with these foods are susceptible to contamination by *Aspergillus* species [19]. These food contaminations are more common in stored commodities in tropical and subtropical climates than in temperate climates [17]. *Aspergillus* contamination of food commodities has been identified as a major contributing factor for huge agro-economic losses in the world. It is estimated that about 25% of the world's food supply is lost through microbial activity alone [11] [20].

Mycotoxicosis is a disease caused by coming into contact with mycotoxins through eating contaminated food, dermal contact, or inhalation [21]. Currently more than 300 mycotoxins are known, and scientific attention has been focused mainly on those that have proven to be carcinogenic and/or toxic. The most significant genera of mycotoxigenic fungi are *Aspergillus*, *Alternaria*, *Claviceps*, *Fusarium*, *Penicillium* and *Stachybotrys* [22]. During their lifecycle, over 40 species of *Aspergillus* have been listed as capable of producing a wide range of mycotoxins harmful to humans and animals that consume them [4], but the *Aspergillus* mycotoxins of greatest public health and agro-economic significance are aflatoxins (by *Aspergillus flavus* and *Aspergillus parasiticus*), ochratoxin A (by *Aspergillus ochraceus*, *Aspergillus carbonarius* and *Aspergillus niger*), sterigmatocystin (by *Aspergillus versicolor*), and cyclopiazonic acid (by *Aspergillus flavus* and *Aspergillus tamarii*) [4].

The mycotoxins produced constitute a major risk to human and animal health [23]. Aflatoxin has carcinogenic, teratogenic, hepatotoxic, mutagenic, and immunosuppressive properties and can inhibit several metabolic systems. Aflatoxin is mainly found on certain fruits, peanuts, pistachio nuts, Brazil nuts and figs. The principal classes of mycotoxins include aflatoxin B1 (AFB1), the most potent hepatocarcinogenic substance known, and also show to be genotoxic [4]. Ochratoxin A (OTA), which is a nephrotoxin, teratogen, and carcinogen, has mainly been found in cereals as well as in other products like coffee, wine, dried fruits, beer, grape juice and meats [4]. Citrinins tend to affect kidney function. Cyclopiazonic acid has a wide range of effects, and tremorgenic toxins such as territrems affect the central nervous system [4].

Food commodities can be contaminated with mycotoxins [24] and their presence in food products is a chemical hazard of biological origin [25]. Mycotoxins are responsible for cancers as well as many different disorders affecting the gastrointestinal, urogenital, vascular, kidney, and nervous systems [4]. In addition, mycotoxins are responsible

for generating huge economic losses in the producing countries [26]. Some of the mycotoxins have also been implicated as chemical warfare agents.

In Africa, certain aflatoxin productions are associated with hot, dry agroecozones with latitudinal shifts in climate influencing the fungal community structure [27]. Aflatoxin producing fungi are native to warm arid, semi-arid, and tropical regions. About 5.2 million cancer deaths occur each year, 55% of which occur in developing countries. Most of the mycotoxin contamination problems occur in the sub-Saharan Africa in which about 250,000-hepatocellular carcinoma related deaths occur annually in parts of sub-Saharan Africa due to aflatoxin ingestion alone. In sub-Saharan Africa, the aflatoxins, fumonisin, and ochratoxin mycotoxins are the most common [28]. The impact of mycotoxin in Ethiopia dates back to 1978 when the gangrenous ergotism epidemic occurred from the consumption of grains contaminated with *Claviceps purpurea* resulting in 34% mortality [29]. Since then studies have reported aflatoxins [30] [31] [32], gangrenous ergotism [33] and ochratoxin [34] in the country.

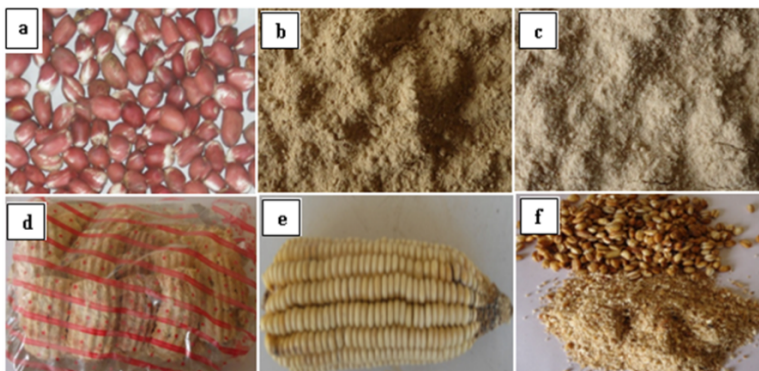
Mycotoxins are unavoidably consumed or ingested by animals or humans [11]. Hence, regulations are important to minimize human exposure to mycotoxins that result in high economic loss to handlers, producers, processors, and marketers of food commodities. For this reason, assessing the presence of mycotoxin producing fungi in food commodities is vital. Therefore, this study was carried out to assess the occurrence of aflatoxigenic *Aspergillus* species in food commodities collected from Addis Ababa.

## Materials and methods

### Sample collection site

Commercial commodities of six types were collected from Addis Ababa including peanut, pea flour (shiro), barley & emmer flour (besso & mittin aja), cookies, maize and roasted barley (kolo and senef kolo). A total of 108 food products including six samples from each type of food commodity were collected from six open markets around Teklehaimanot, Merkato, Messalemia, Medhanialem, Addisu-Mikael, and Enkulal-Fabrika.

[\[enlarge\]](#)



**Figure 1.** Food commodities used in study (a= Peanut, b= Pea flour, c= Barley, d=cookies, e=maize and f= roasted Barley).

### Sample processing

A total of 108 samples were collected from Addis Ababa (Figure 1). About 1kg of each sample was bought from the market and aseptically taken with a sterile paper bag covered with a plastic bag. Codes were given to each sample and the samples were transported to the laboratory. Samples were kept in a refrigerator maintained between 4 to 8°C to minimize fungal growth or death until processing and mycological analysis of the food samples to be analyzed.

### Culture and identification of *Aspergillus* species

Mycological analysis of the collected food samples was carried out according to Hocking macro-and micro-identification techniques [17]. Each sample was aseptically sub-sampled (25gm) for mycological analysis. Serial dilutions of food samples were prepared using 1:10 dilution (1gm of food in 9ml of sterile distilled water) and then homogenized by a vortex mixer. Two milliliters of the samples from each dilution were added into 18ml of PDA in a test tube and homogenized by a vortex mixer, then poured into 90mm Petri dish. After incubation the plates were observed for the presence of growth of visible fungal colonies. To better isolate the various fungal species from the samples, simple growth analyses made on mycological culture were carried out.

Variations in growth rate, color of the colony, and thermotolerance were used in identification of *Aspergillus* species. *Aspergillus* colonies are downy to powdery in texture. *Aspergillus fumigatus* is a thermotolerant fungus and grows well at temperatures over 40°C. This property is unique to *Aspergillus fumigatus* among the *Aspergillus* species. *Aspergillus flavus* can be readily distinguished from other *Aspergillus* species by lack of growth at 5 °C, by rapid growth at both 25 and 37°C, and by the production of a bright yellow-green conidial color. Macroscopically the surface and reverse color may vary depending on the species. *A. flavus* has a yellow-green surface and gold to reddish-brown reverse; *A. fumigatus* displays a blue-green to gray surface and white to tan reverse, and *A. niger*

colonies have a black surface and white to yellow reverse. Microscopic features were also used for identification. Microscopically, *A. flavus* have a colorless rough conidiophore, uniseriate or biseriate phialides, and a round radiate head vesicle; *A. fumigatus* have a short (<300 µm) smooth colorless or greenish conidiophore, uniseriate phialides and a round columnar head vesicle; and *A. niger* have long, smooth, colorless or brown conidiophores, biseriate phialides, and round radiate head vesicles.

**Characterization of *Aspergillus* species for production of aflatoxin**

*Aspergillus* species isolates from food commodities were screened for the production of aflatoxin following the protocol by Kumar and colleagues (35). The isolates were cultured separately in 25ml SMKY broth (sucrose 200g; MgSO4·7H2O, 0.5g; KNO3, 0.3g and yeast extract, 7g; 1000ml distilled water) in a 100ml flask for 10 days. The contents of each flask were filtered and extracted with 20ml chloroform in a separating funnel. The extract was evaporated to dryness on a water bath and redissolved in 1ml chloroform. Aflatoxin production was detected by thin layer chromatography. Fifty microliters of chloroform extract were spotted on TLC plates and developed in the solvent system comprising chloroform: acetone (9:1 V/V). The plate was air dried and the intensity of aflatoxin was observed in UV-366.

[enlarge]

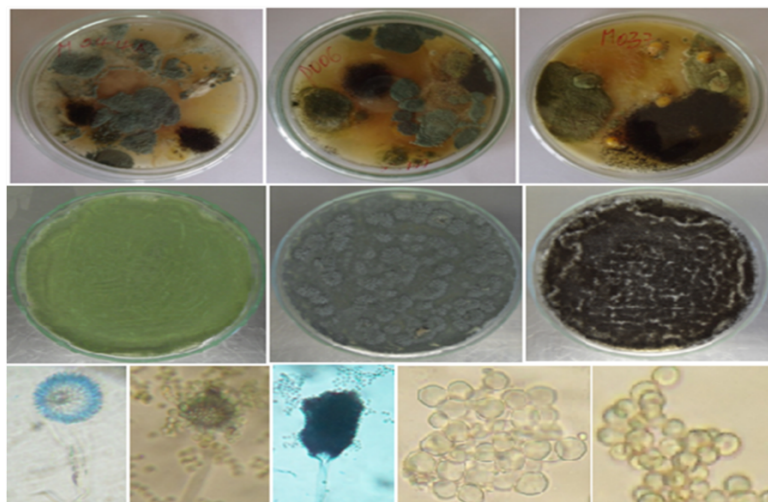


Figure 2. Culture and microscopy of *Aspergillus* species.

**Statistical analysis**

All measurements were replicated three times for each treatment. Data were entered into an Excel spreadsheet and presented as mean ± SE/SD. Significant differences between strains that were aflatoxin producers vs. non-producers were analyzed using statistical software (SPSS 20.0; Chicago, IL, USA) at 95% level of confidence by Chi-square analysis.

**Results**

**Isolation of *Aspergillus* species from food commodities**

Several fungal species became visible from the growth on PDA media after seven days of incubation. Only *Aspergillus* species (*Aspergillus flavus*, *Aspergillus niger* and *Aspergillus fumigatus*) were sub-cultured for further study since these are the species are believed to be storage molds. Table 1 shows isolated *Aspergillus* species, percentage frequencies from total samples, and total number of *Aspergillus* species isolates from all samples using agar plate methods. Of the three *Aspergillus* species isolated from the food commodities, *Aspergillus flavus* were the most predominant with 36.6% (Table 1) isolated from 11 samples, followed by *Aspergillus fumigatus* collected from 10 samples (about

Food Sample	Number of <i>Aspergillus</i> isolates from food sample				Total 90
	<i>A. flavus</i> (n=33)	<i>A. parasiticus</i> (n=27)	<i>A. fumigatus</i> (n=10)	<i>A. niger</i> (n=20)	
Peanut	9(42.9)	6(28.6)	1(4.8)	5(23.8)	21(23.3)
Pea flour	3(27.3)	0(0.0)	3(27.3)	5(45.4)	11(12.2)
Barley flour (besso)	5(24.8)	6(28.6)	4(19.0)	6(28.6)	21(23.3)
Cookies	3(50.0)	3(50.0)	0(0.0)	0(0.0)	6(6.7)
Maize	8(42.1)	6(31.6)	1(5.3)	4(21.0)	19(21.1)
Roasted-Barley (Kolo)	5(41.7)	6(50.0)	1(8.3)	0(0.0)	12(13.3)
Total	33(36.7)	27(30.0)	10(11.1)	20(22.2)	90(100.0)

Table 1. Frequencies (%) of *Aspergillus* isolates from food samples in Addis Ababa.

33.3%) while *Aspergillus niger* were recovered from 9 samples (about 30% of the samples collected for the study).

As the microscopy and macroscopy (culture) characteristics of fungal isolates that are presented in Figure 2 and Table 1 show, a total of 90 *Aspergillus* species (*A. flavus*, *A. niger* and *A. fumigatus*) were isolated from 108 samples of food commodities. As seen in Table, 1 the least number (6 isolates) of *Aspergillus* species isolates were counted from the sample cookies while the highest (21 isolates) were counted from both peanut and barley flour



(besso) samples. Of a total of 33 *Aspergillus flavus* isolates, 9 (27.3%) were isolated from peanut sample, while the lowest numbers were isolated from the shiro and cookies sample (n=3, 9.1%). The food product with the highest number of *Aspergillus fumigatus* organisms was the barley flour (besso) samples (n=4, 40%), while *Aspergillus niger* was recovered most commonly from barley flour (besso) samples with the frequency of 6 (30%) (Table 1).

#### Characterization of *Aspergillus* species for the production of aflatoxin

A total of 21 (23.3%) isolates of *Aspergillus* species produced aflatoxin in vitro in SMKY broth culture out of 90 different *Aspergillus* species isolated from food commodities. Among the aflatoxigenic species isolated, *Aspergillus flavus* was responsible for the majority aflatoxin-positive samples (n=12, 66.67%) followed by *Aspergillus parasiticus* (n=6, 33.33%). None of the ten *Aspergillus fumigatus* or *Aspergillus niger* isolates were found to produce aflatoxin in vitro on SMKY broth medium (Table 2).

Peanut samples were the most frequently contaminated samples by aflatoxin-producing *Aspergillus* species (n=10) followed by maize samples (n=7) and barley flour (besso) (n=3). The least frequently contaminated samples were roasted barley (Kolo), pea flour, and cookies.

Within species, thirty six percent of *Aspergillus flavus* isolates were found to produce aflatoxin in vitro, while twenty two percent of *Aspergillus parasiticus* isolates produced aflatoxin in vitro on culture media. Sixty seven percent and fifty percent of *Aspergillus flavus* isolated from peanut and maize samples, respectively, demonstrated aflatoxigenic potentials. *Aspergillus parasiticus* isolated from peanut samples (50%) showed aflatoxigenic potentials followed by isolates from maize samples (33.3%).

#### Discussion

*Aspergillus* species are a major public health problem of modern mycology [19]. They are known to cause *Aspergillus* infection and mycotoxicosis especially upon the consumption of food contaminated with *Aspergillus* species.

Food commodities in Addis Ababa local markets were found to be frequently contaminated by *Aspergillus* species. Virtually all kinds of food commodities collected for this survey were colonized by *Aspergillus* species, though peanut samples represented a higher number of *Aspergillus* species. The major contributing factors include not being processed and stored in appropriate conditions [36]. On the other hand, cookies and shiro presented a lower number of *Aspergillus* species, likely due to the processing of the sample and low moisture content of the food.

According to a previous study, *Aspergillus* species were the major contaminant of human food in storage [36]. The relative frequencies of *Aspergillus* species may be higher because of their ability to grow at large range of temperatures, harvesting methods and storage conditions of food commodities, and also the ability of *Aspergillus* to colonize almost all food commodities [19]. As noted in a recent literature review, *Aspergillus* species colonization of food commodities may occur at any stage from flowering, harvest, storage, sorting or transport, and processing of

Food Samples	<i>Aspergillus</i> species	No of strain isolated	No of aflatoxigenic strain
Peanut	<i>A. flavus</i>	9	6
	<i>A. niger</i>	5	0
	<i>A. fumigatus</i>	1	0
	<i>A. parasiticus</i>	6	3
Pea flour	<i>A. flavus</i>	3	0
	<i>A. niger</i>	5	0
	<i>A. fumigatus</i>	3	0
	<i>A. parasiticus</i>	0	0
Barley flour (besso)	<i>A. flavus</i>	5	1
	<i>A. niger</i>	6	0
	<i>A. fumigatus</i>	4	0
	<i>A. parasiticus</i>	6	1
Cookies	<i>A. flavus</i>	3	0
	<i>A. niger</i>	0	0
	<i>A. fumigatus</i>	0	0
	<i>A. parasiticus</i>	3	0
Maize	<i>A. flavus</i>	8	4
	<i>A. niger</i>	4	0
	<i>A. fumigatus</i>	1	0
	<i>A. parasiticus</i>	6	2
Roasted Barley (Kolo)	<i>A. flavus</i>	5	1
	<i>A. niger</i>	0	0
	<i>A. fumigatus</i>	1	0
	<i>A. parasiticus</i>	6	0
Total	<i>A. flavus</i>	33	12
	<i>A. niger</i>	20	0
	<i>A. fumigatus</i>	10	0
	<i>A. parasiticus</i>	27	6
	Total	90	18

Table 2. Toxigenic potentials of fungi isolated from foods in Addis Ababa.

the foods [19]. This confirmed that *Aspergillus* species are truly storage fungi. Contamination of commercially purchased food commodities is clearly a cause for concern in our current turbulent time.

*Aspergillus* species that infect food commodities in Addis Ababa significantly produce aflatoxin. The aflatoxin-producing *Aspergillus* species were identified on the basis of all lines of evidence examined. However, the color of conidial heads may suffice for their differentiation. Our study confirmed that *Aspergillus flavus* were the most frequent producers of aflatoxin at a detectable concentration in vitro on culture medium as also reported by Legesse [32]. Only some *Aspergillus flavus* strains are genetically capable of producing aflatoxin, and external factors play a major role in the expression of the gene for aflatoxin production. In this study, of all *Aspergillus* species isolated from food commodities, *Aspergillus flavus* predominated, confirming the reputation of this mould as a ubiquitous spoilage mycotoxin-producing organism, even though *Aspergillus parasiticus*, *Aspergillus niger*, and *Aspergillus fumigatus* were also isolated. Even though aflatoxins are among the first mycotoxins known to mankind, our finding reminded us that there is still much work to be done in controlling its appearance in food commodities [4]. *Aspergillus* species that produce aflatoxins are increasing because of favorable environmental conditions such as drought-stress, humidity, and insect infestation of the crops at various stages [12] [27]. Moreover, poor harvesting practices, improper storage, and less than optimal conditions during transport and marketing can also contribute to fungal growth and increase the risk of mycotoxin production [1].

### Conclusions

Our study of the presence of toxigenic strains of *Aspergillus* species in food commodities in Addis Ababa has indicated the presence of these strains. *Aspergillus* was more frequently isolated from peanut food samples. Peanut and maize were frequently contaminated by toxigenic *Aspergillus* species. *Aspergillus flavus* was the most frequent aflatoxin-producing species isolated from food commodities from Addis Ababa. *Aspergillus* and their mycotoxins are a growing threat to human and animal health around the world, not just in Ethiopia. Tests to detect contamination need to be adopted on wide scale in the country. Moreover, there should be control and regulation mechanism to limit the consumption of food contaminated by aflatoxigenic *Aspergillus* species and aflatoxin.

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